



# Stereotyping

## **Understanding Stereotypes**

# This week's challenge



How to Beat Stereotypes by Seeing People as Individuals (8-minute read)

Zaid Jilani explains the psychology behind stereotypes and strategies for avoiding stereotyping.

### 9 People Reveal a Time They Racially Stereotyped a Stranger (3-minute read)

After a string of episodes in which Black people were treated unjustly while simply going about their business, the New York Times\* asked readers to tell their stories.



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### I Am Not Your Asian Stereotype (9:38)

In this funny and insightful talk, Canwen Xu shares her Asian-American story of breaking and sometimes reaffirming stereotypes.



#### Anger: The Black Woman's 'Superpower' (19-minute listen)

This episode of Code Switch examines the pervasiveness of the 'angry Black woman' stereotype and how the stereotype continues to haunt Black women.

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